

Name: _____

Lenten Challenge Worksheet (due March 23rd)

(have a parent, teacher, adult, Father Dan, Sister Dolores date/initial. The person who has the most acts of prayer, fasting, charity initialed will be awarded. If there is a tie, award will be given to every person who is "tied") **HONOR SYSTEM: Do NOT cheat, that would only be cheating yourself!** Also, please ask **if something is acceptable before you include it as an act on this sheet. If the task is done multiple times, please get an initial and date for each time. You may make copies of this sheet. There is no class March 30th (Holy Week)**

CHARITY for the Church :

Help with fish fry: _____

Arrive early to CCD class and assist: _____

Stay after CCD class and assist: _____

Donate baked good to fish fry that you helped to make: _____

Donate OWN FUNDS to "every dollar counts" collection bin _____

Donate OWN FUNDS to collection basket _____

Help with other church function _____

PRAYER:

Attend Stations of the Cross 7pm Friday (**double points**) _____

Attend Adoration (**double points**) _____

Receive Sacrament of Reconciliation (**double points**) _____

Attend Mass _____

Pray the Rosary _____

Read Scripture for 20 mins or more _____

Participate in **devotional** prayer _____

Fasting/Abstinence

Abstain from meat on Fridays _____

Abstain from meat on Ash Wednesday _____

Fasting (no eating in between meals) _____

Other (please OK ahead of time and specify) _____